

Class Notes / Learning Log / Textbook Notes

If there was no class lecture this Week, write a paragraph about what you learned and/or questions about what you didn't understand.

Name: _____

Class: _____

Period/Block: _____

Date: _____

Topic: **Why teach students to use Cornell Style Notes**

Your Questions:

	Hermann Ebbinghaus was a German psychologist who pioneered the experimental study of memory.
	What he found was that within 20 minutes, a learner begins to forget the material.
	By the end of 9 hours, over 60% of the material is lost.
	He also found that if a learner spends just 10 minutes with the material by the second day after learning, the rate of remembering is kept at the same relatively high level.
	If the learner will spend just 5 minutes per day with the material by Day 7, then 2-4 minutes by Day 30, the same relatively high rate of remembering the learning will occur.
	In essence, learners can "thwart" the forgetting curve by keeping the material longer in memory.
	This is what is brilliant about the Cornell Notes system developed by Dr. Walter Pauk at Cornell University. Taking the time to review material, in order to write critical questions in the left margin and a summary/reflection at the end, takes about 10 minutes between Day 1 and Day 2.
	Continued review of just questions and summary, functions to keep the material in memory longer.
	With lengthy intervals between learning of material and assessment of student retention of that material, such a system is not only preferable; it is necessary.

Summary, Reflection, Analysis



